

Participant Survey

Location Westminster Church Date 3/10/12

**Please rate your experience from today's seminar using a scale of 1 to 10
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

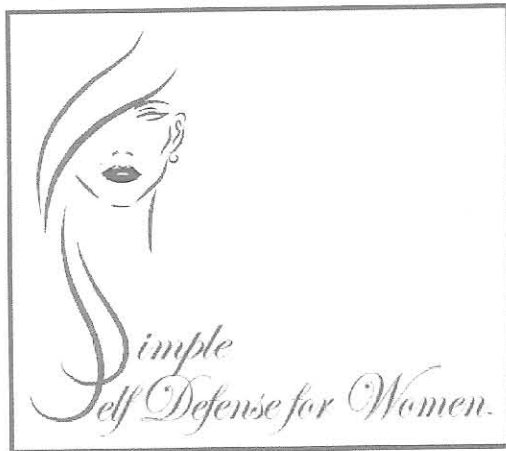
Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): I would have appreciated a handout

Naming the 3 + 4 moves and/or a picture of

it.

Thank you for attending and investing in your personal safety!



Participant Survey

Location Westminster Presbyterian Date 3-10-2012

**Please rate your experience from today's seminar using a scale of 1 to 10
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How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

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Too Short

Too Long

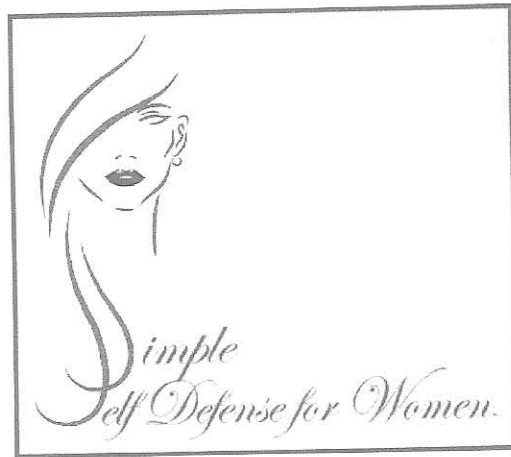
About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Fantastic demonstration,

Thank you!

Thank you for attending and investing in your personal safety!



Participant Survey

Location Westminster By The Sea Church Date 3/10/11

**Please rate your experience from today's seminar using a scale of 1 to 10
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

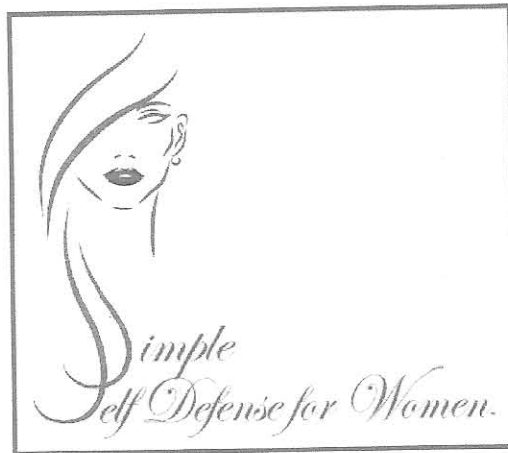
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Wonderfully put together

Thank you for attending and investing in your personal safety!



Participant Survey

Location WBT S Date 3/10/12

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How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

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Too Short

Too Long

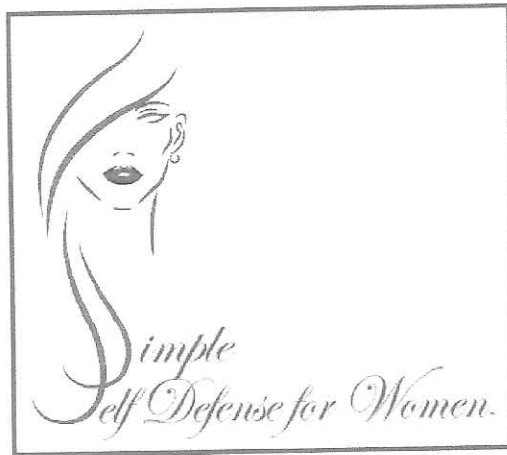
About Right

Would you recommend this seminar to a friend or family? (Please circle) YES NO

COMMENTS (Optional):

Thank you!

Thank you for attending and investing in your personal safety!



Participant Survey

Location Westminster Pres Date 3-10-12

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Too Long

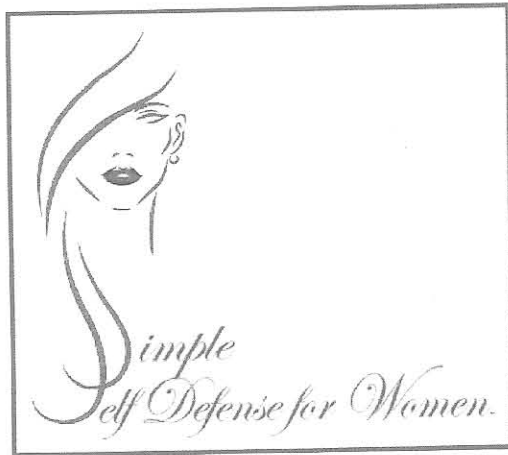
About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): I found it very helpful - not

too much info and clues to what to do. Thank you

Thank you for attending and investing in your personal safety!



Participant Survey

Location Westminster By the Sea Date 3-10-12

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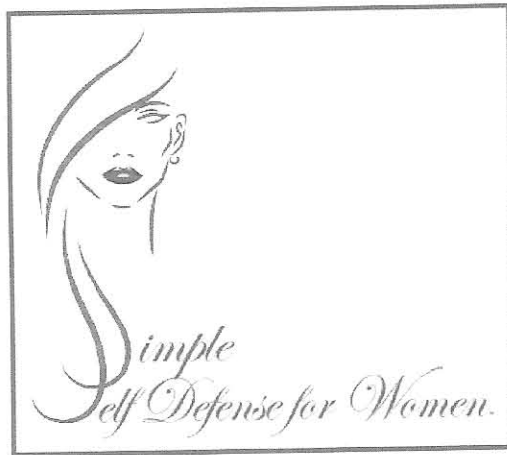
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): _____

Thank you for attending and investing in your personal safety!



Participant Survey

Location Westminster-by-the-Sea church Date 3-10-12

Please rate your experience from today's seminar using a scale of 1 to 10
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About Right

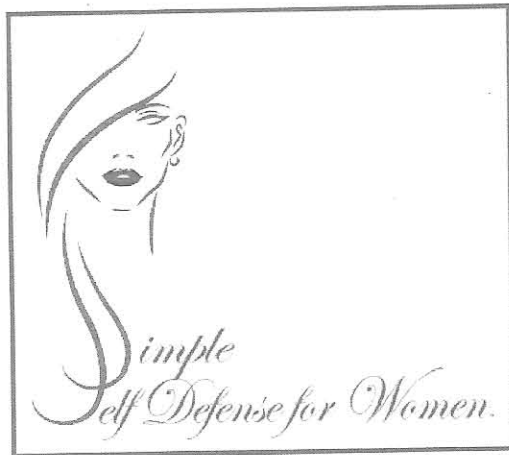
Would you recommend this seminar to a friend or family? (Please circle YES/NO)

COMMENTS (Optional): I would like to have had a

"short list" paper of "high points" to take

home + review (I'm a Teacher... figures) 😊

Thank you for attending and investing in your personal safety!



Participant Survey

Location Westminster by the sea Date 3-10-2012

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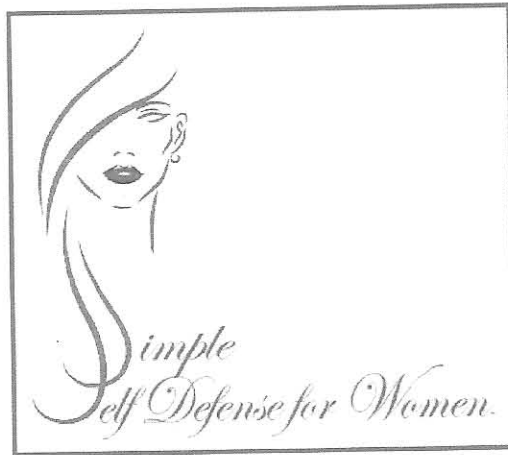
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): _____

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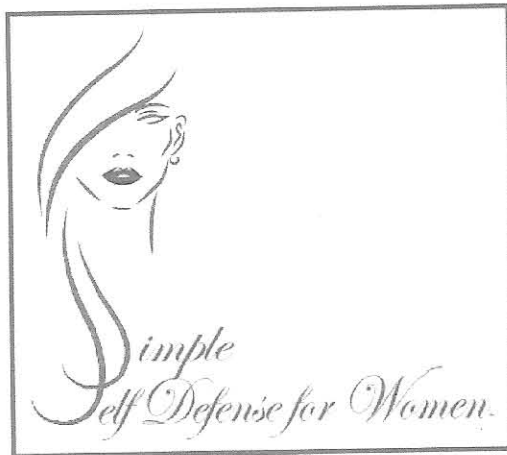
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES NO

COMMENTS (Optional): _____

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Participant Survey

Location Westminster-by-the-Sea Date 3/10/12

*Please rate your experience from today's seminar using a scale of 1 to 10
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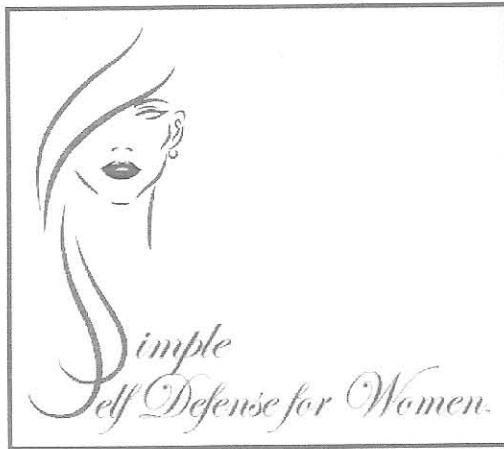
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Great information, enjoyed
the instructors, thank you so much!

Thank you for attending and investing in your personal safety!



Participant Survey

Location _____ Date _____

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How would you rate the quality of the instruction? _____

How would rate your overall satisfaction of the seminar? _____

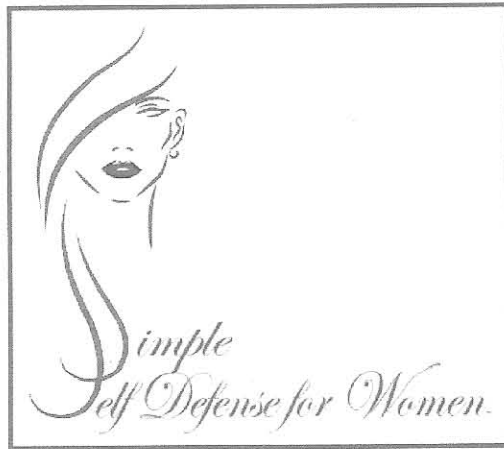
How would you rate the length of the seminar? (Please circle)

Too Short Too Long About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): _____

Thank you for attending and investing in your personal safety!



Participant Survey

Location WBT5 Date 3/10/12

*Please rate your experience from today's seminar using a scale of 1 to 10
1 being the lowest and 10 being the highest score*

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

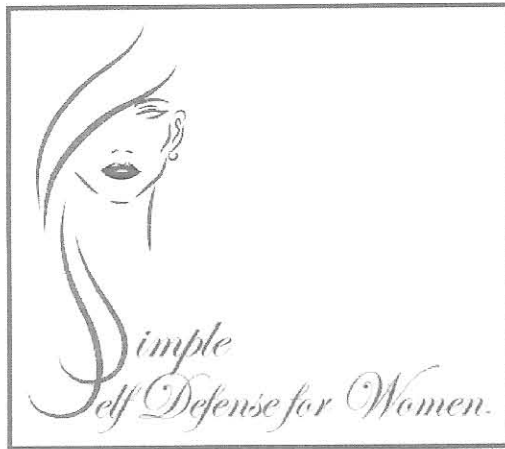
About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): excellent ideas - hope I never

have to use it!

Thank you for attending and investing in your personal safety!



Participant Survey

Location Westminster by the Sea Church Date 3/10/12

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Too Short

Too Long

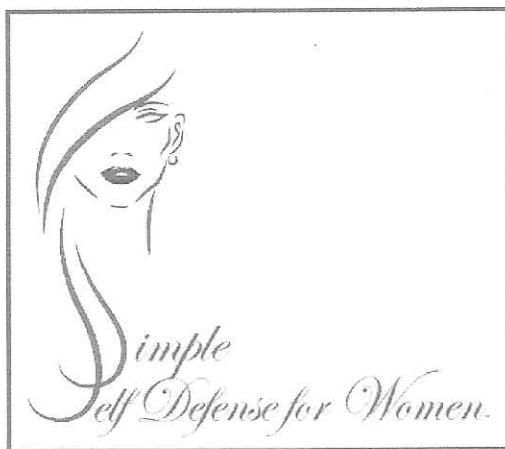
About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): I'd like to see this included in

middle/high school P. E. curriculums.

Thank you for attending and investing in your personal safety!



Participant Survey

Location Westminister by the Sea Date 3/10/12

*Please rate your experience from today's seminar using a scale of 1 to 10
1 being the lowest and 10 being the highest score*

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 9

How would you rate the quality of the instruction? 9

How would rate your overall satisfaction of the seminar? 9

How would you rate the length of the seminar? (Please circle)

Too Short

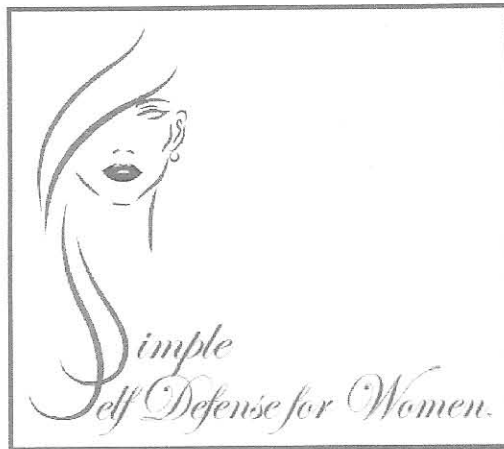
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): _____

Thank you for attending and investing in your personal safety!



Participant Survey

Location WBTS Date 3/10/12

*Please rate your experience from today's seminar using a scale of 1 to 10
1 being the lowest and 10 being the highest score*

How would you rate the usefulness of the techniques? 9

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

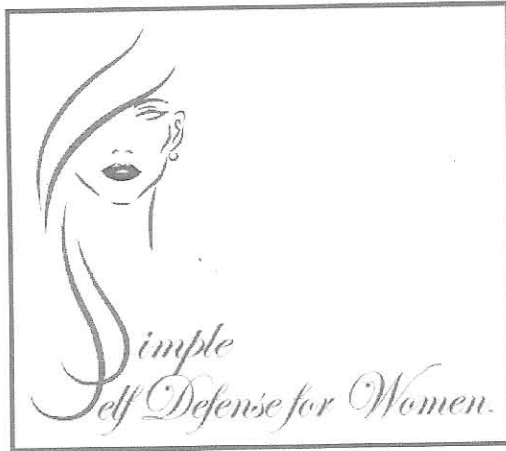
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): _____

Thank you for attending and investing in your personal safety!



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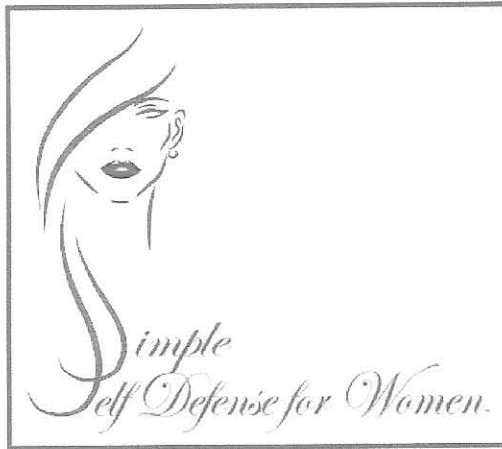
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): excellent

Thank you for attending and investing in your personal safety!



Participant Survey

Location Westminster Prep Date 2/10/2012

*Please rate your experience from today's seminar using a scale of 1 to 10
1 being the lowest and 10 being the highest score*

How would you rate the usefulness of the techniques? 9

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 9

How would rate your overall satisfaction of the seminar? 9

How would you rate the length of the seminar? (Please circle)

Too Short

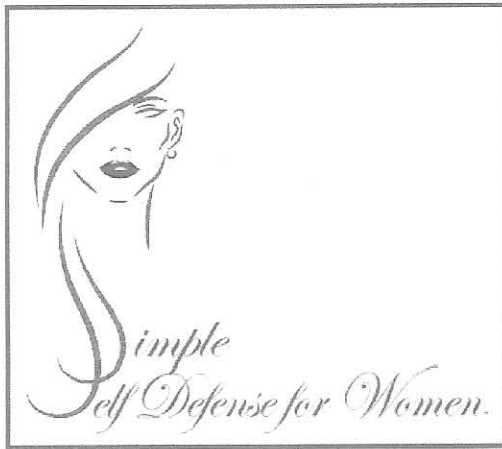
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): _____

Thank you for attending and investing in your personal safety!



Participant Survey

Location _____ Date 3/10/12

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Too Short

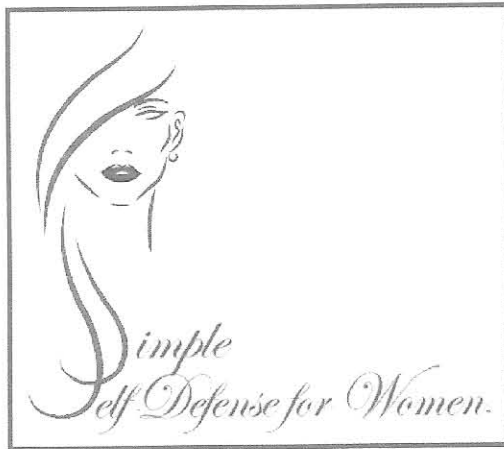
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES NO

COMMENTS (Optional): Glad I had the opportunity
to attend. Very informative.

Thank you for attending and investing in your personal safety!



Participant Survey

Location WBTS Date 3-10-12

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How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Definitely! Very Good-

Thank you for attending and investing in your personal safety!