

### Participant Survey

Location HMC - France Tower Date 6/12/12

*Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score*

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

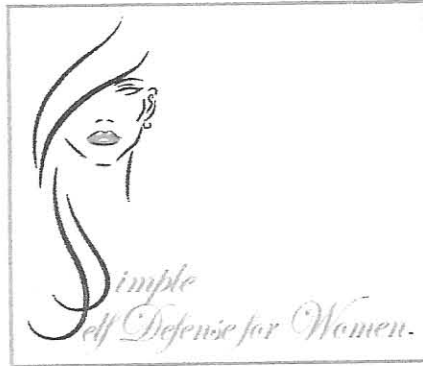
COMMENTS (Optional): Every technique was easier than

I thought "defence" would be. They are

simple to do and simple to remember.

Thank you.

**Thank you for attending and investing in your personal safety!**



Participant Survey

Location Halifax Hosp. Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

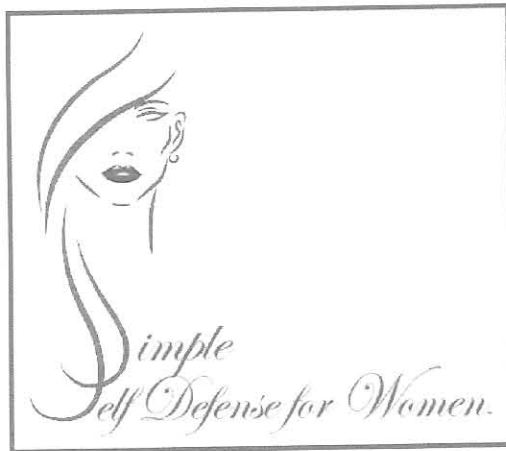
Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_

Thank - you!!  
☺

Please use the back page if necessary

Thank you for attending and investing in your personal safety!



### Participant Survey

Location Halifax Health Date 6-12-12

*Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score*

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

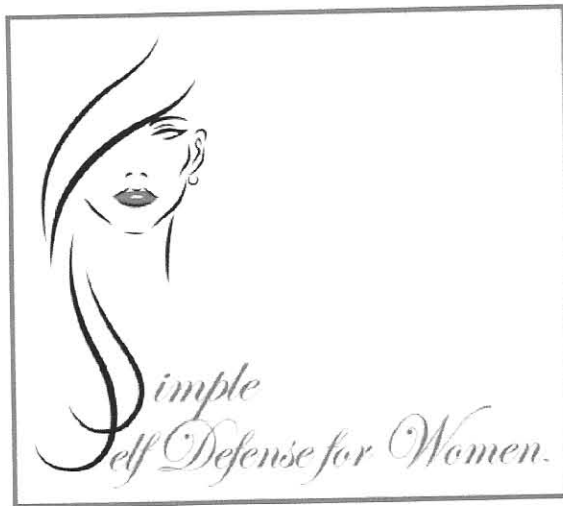
Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



## Participant Survey

Location H m c Date 6-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
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How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

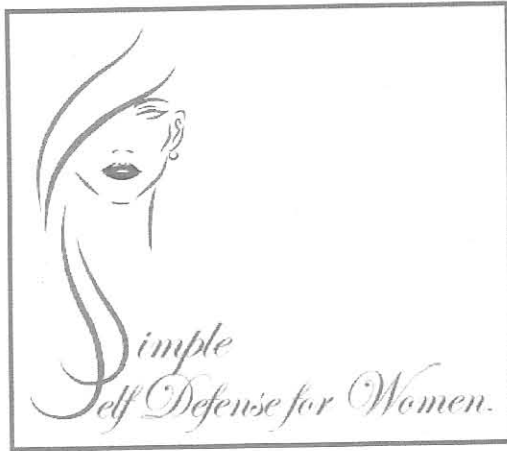
How would you rate the length of the seminar? (Please circle)

Too Short Too Long About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Thank you for Attending and Investing in Your Personal Safety!**



**Participant Survey**

Location Halifax Health Date 6/12/12

*Please rate your experience from today's seminar using a scale of 1 to 10  
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How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

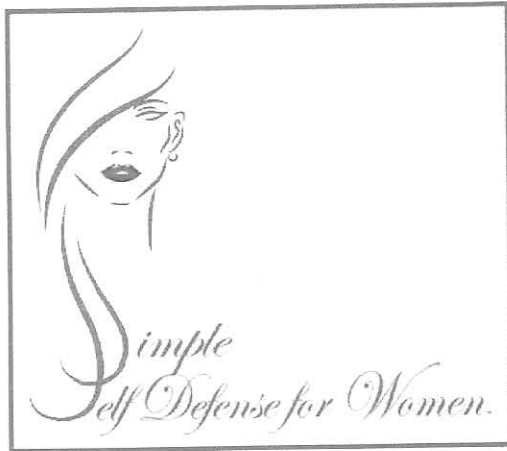
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



**Participant Survey**

Location HALIFAX Date 6-12-12

*Please rate your experience from today's seminar using a scale of 1 to 10  
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How would you rate the usefulness of the techniques? 10  
How would you rate the professionalism of the staff? 10  
How would you rate the quality of the instruction? 10  
How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



## Participant Survey

Location Halalawi D.A.B. Date 06-12-2019

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): wish to learn more

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Thank you for attending and investing in your personal safety!



### Participant Survey

Location Hal. Esy Date 6-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 9

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**





### Participant Survey

Location Halifax Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
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How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

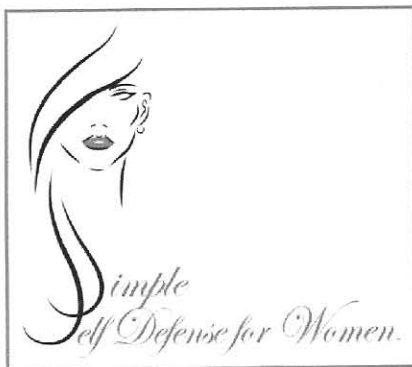
About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Great program - happy

I was able to attend

**Thank you for attending and investing in your personal safety!**



### Participant Survey

Location Halifax DAB Date 6-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

- How would you rate the usefulness of the techniques? 10
- How would you rate the professionalism of the staff? 10
- How would you rate the registration process? 10
- How would you rate the quality of the instruction? 10+
- How would rate your overall satisfaction of the seminar? 10+
- How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Great real-life

self-defense! A real

lifesaver. Showing my  
Child "the robot."

Thank you for attending and investing in your personal safety!



**Participant Survey**

Location Haley's Health Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

**COMMENTS (Optional):** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



**Participant Survey**

Location Halifax Health Date 6-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques?

~~10~~ 10

How would you rate the professionalism of the staff?

10

How would you rate the registration process?

10

How would you rate the quality of the instruction?

10

How would rate your overall satisfaction of the seminar?

10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

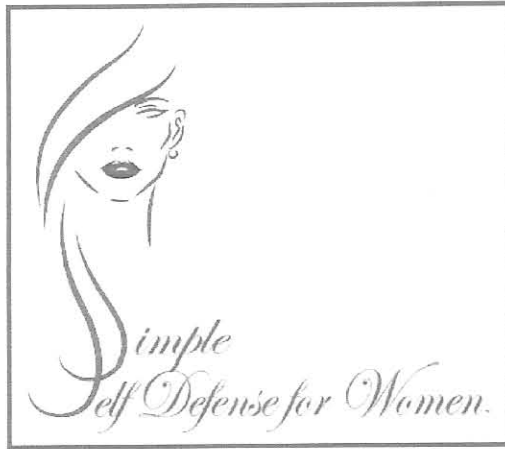
Would you recommend this seminar to a friend or family? (Please circle) YES/NO

**COMMENTS (Optional):** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



**Participant Survey**

Location Halifax Health Date 06-12-12

*Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score*

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Ø

\_\_\_\_\_

\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



### Participant Survey

Location Halifax Health Date 06/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

**COMMENTS (Optional):** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



Participant Survey

Location Halifax Health Date 6-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

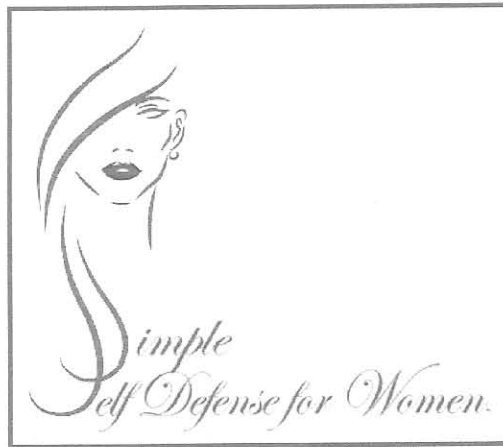
Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Thank you for attending and investing in your personal safety!



**Participant Survey**

Location Halifax Med Ctr Date 6/12/12

*Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score*

- How would you rate the usefulness of the techniques? 10
- How would you rate the professionalism of the staff? 10
- How would you rate the quality of the instruction? 10
- How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

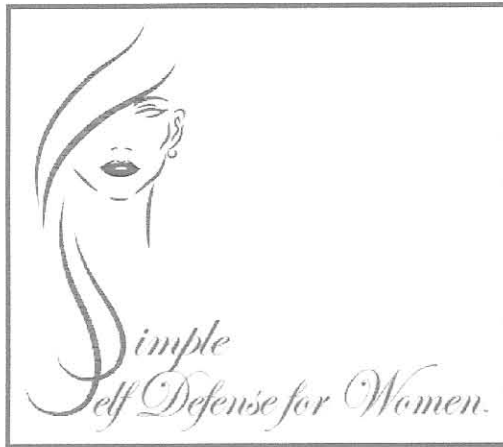
About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**





**Participant Survey**

Location Halifax Med Center Date 6-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

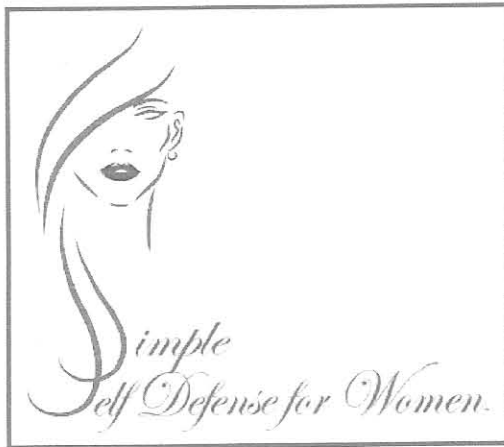
Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



### Participant Survey

Location HALIFAX Medical Cntr Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

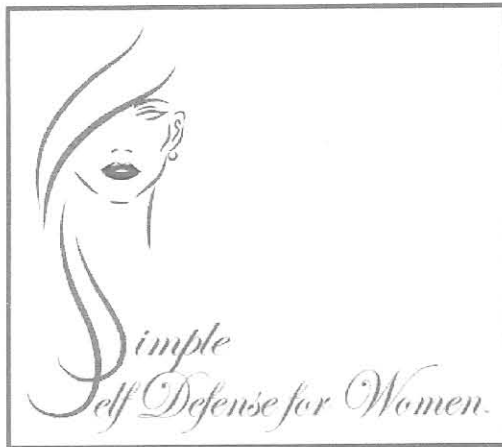
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Very useful & informative

**Thank you for attending and investing in your personal safety!**



**Participant Survey**

Location Halifax Medical Ctr. Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



### Participant Survey

Location HMC Date 9/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

- How would you rate the usefulness of the techniques? 10
- How would you rate the professionalism of the staff? 10
- How would you rate the registration process? 10
- How would you rate the quality of the instruction? 10
- How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Thank you for attending and investing in your personal safety!



### Participant Survey

Location Halifax Daytona Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

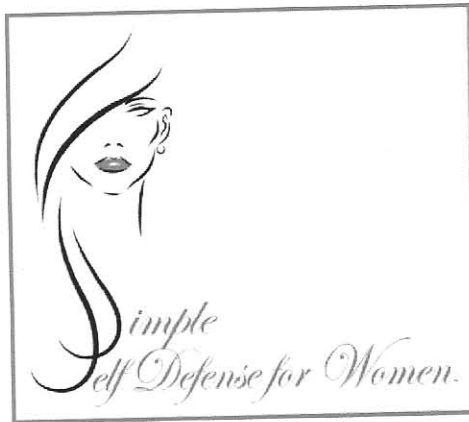
COMMENTS (Optional): Thank you

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Thank you for attending and investing in your personal safety!



**Participant Survey**

Location Halifax Health Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 9

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

**COMMENTS (Optional):** Less advertising of product at the  
opening of program.

**Thank you for attending and investing in your personal safety!**



### Participant Survey

Location HALIFAX Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
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How would you rate the usefulness of the techniques? 10

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Too Short

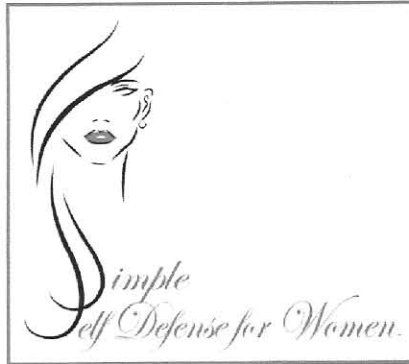
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Really enjoyed the class

Thank you for attending and investing in your personal safety!



Participant Survey

Location France Tower Date 6-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

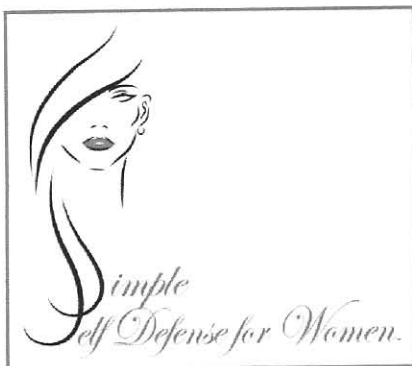
About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

**COMMENTS (Optional):** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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### Participant Survey

Location Halifax Health Date 6-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
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How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

**COMMENTS (Optional):** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Thank you for attending and investing in your personal safety!**



Participant Survey

Location Halifax Medical Center Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

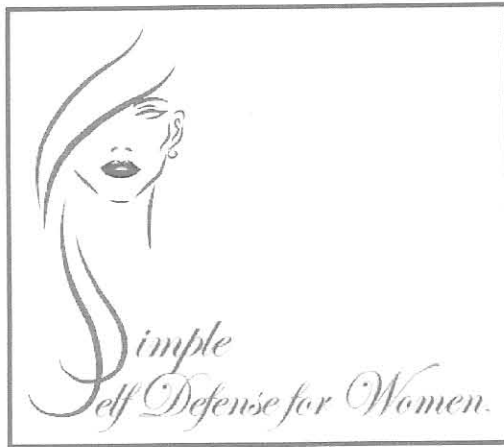
Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): they made me feel

comfortable in an uncomfortable situation.

Thank you.

Thank you for attending and investing in your personal safety!



### Participant Survey

Location HALIFAX Health Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
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How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle YES/NO)

COMMENTS (Optional): Very informative. Useful!

**Thank you for attending and investing in your personal safety!**



### Participant Survey

Location Daytona Beach, FL Date 6.12.12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

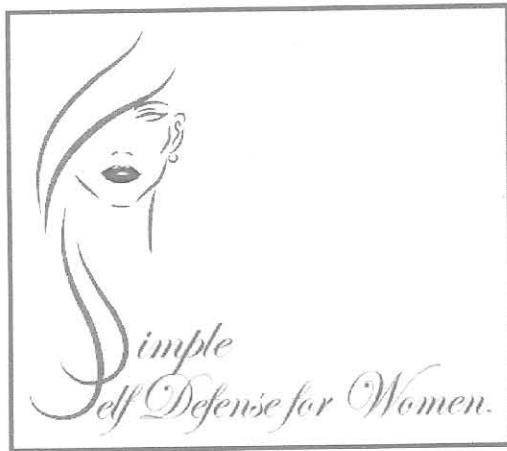
Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Thank you for sharing your time!

Thank you for attending and investing in your personal safety!



### Participant Survey

Location Halifax Health Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
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How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short      Too Long      About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): You need to come back so  
others can get this great information!!

**Thank you for attending and investing in your personal safety!**



Participant Survey

Location Halifax Date 6/12/12

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- How would you rate the registration process? 10
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- How would rate your overall satisfaction of the seminar? 10
- How would you rate the length of the seminar? (Please circle)

Too Short      Too Long      About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Thank you for attending and investing in your personal safety!



### Participant Survey

Location Halifax Health Date 06-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
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How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Thank you

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Thank you for attending and investing in your personal safety!



### Participant Survey

Location Halifax Date 6/12/12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

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How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional):

Absolutely Enjoyed it

& very worthwhile

**Thank you for attending and investing in your personal safety!**





### Participant Survey

Location Halifax Date 6/12/12

*Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score*

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

COMMENTS (Optional): Very good

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**Thank you for attending and investing in your personal safety!**



Participant Survey

Location Halifax Medical Date 6-12-12

**Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score**

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the registration process? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

Too Long

About Right

Would you recommend this seminar to a friend or family? (Please circle) YES/NO

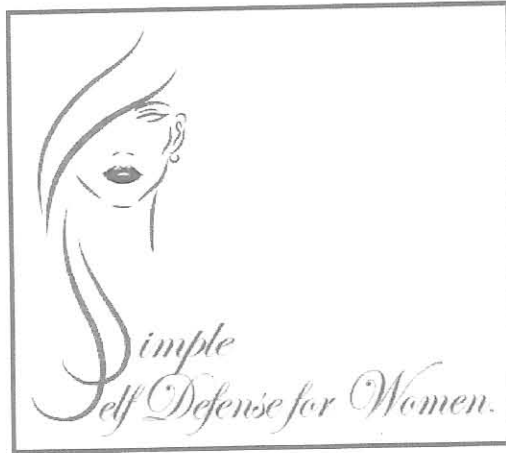
COMMENTS (Optional): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please use the back page if necessary

Thank you for attending and investing in your personal safety!



### Participant Survey

Location Halifax Hospital Date 6/12/12

*Please rate your experience from today's seminar using a scale of 1 to 10  
1 being the lowest and 10 being the highest score*

How would you rate the usefulness of the techniques? 10

How would you rate the professionalism of the staff? 10

How would you rate the quality of the instruction? 10

How would rate your overall satisfaction of the seminar? 10

How would you rate the length of the seminar? (Please circle)

Too Short

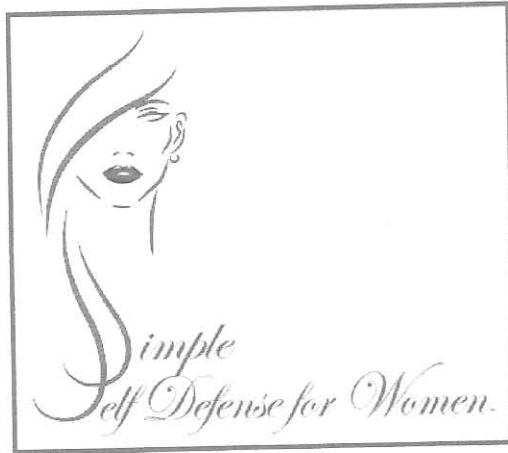
Too Long

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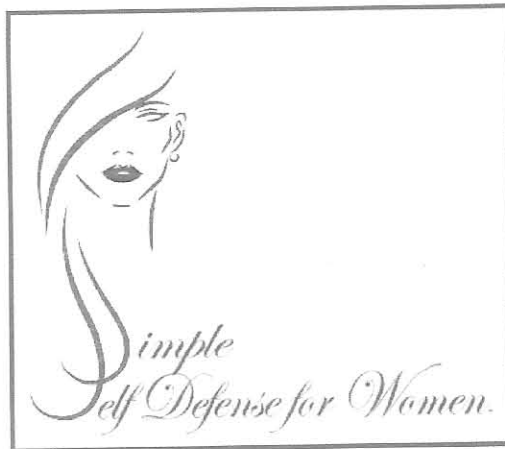
Too Long

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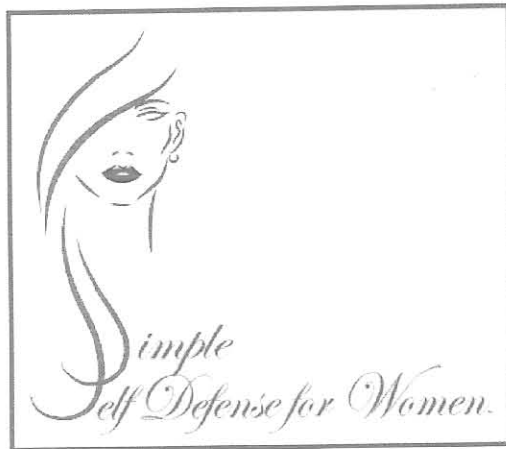
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COMMENTS (Optional): A cheat sheet brochure of

techniques would be great since no paper

for notes. Excellent. Thank you

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